

The Irvine Family Resource Center presents



Active Parenting Now

Positive Parenting for Children Ages 2 to 12

Being a parent today often seems more difficult than ever before. Kids and families face social and emotional pressures far different from those in the past. Positive parenting skills and healthy family communication are more important than ever. This class is a really great way to do good things for your family and get the skills we all need to raise strong children. **If you have children from 2 to 12 years of age**, give yourself the gift of this award-winning, **7 week** skills workshop. You will gain confidence in your role as a parent, improve relationships, problem-solve challenges and help your kids succeed in school and in life. Don't miss this great opportunity.

*Teach crucial life skills • Use effective alternatives to punishment
Eliminate power struggles • Increase positive communication
Help kids develop responsibility, self-discipline and resiliency.
Led by Cheri Wood, certified Active Parenting Trainer*

TUESDAY EVENINGS 6:30 - 8:30 – starts January 17, 2012

Classes meet at Creekside Education Center/Harvard and Barranca

Cost \$50 per person for 7 weeks/\$65 per couple

CLASS FILLS FAST – SPACE IS LIMITED

To Register, CALL NOW to Susan Holt at 949-936-7502

Funded by a grant from the Early Mental Health Initiative – sorry, no childcare available

